

## Prime For Life

Prime For Life is a program administered by the Marion Area Counseling Center, in cooperation with Marion Municipal Court. This program is available for adults that have been adjudicated for underage consumption of alcohol or drug use.

It is an educationally based, non-confrontive program that is both interactive and effective. The program starts by looking at topics like; What do I value and what is most important to me. It addresses the dangers and risks of substance abuse from a health standpoint as well as dangers of operating a motor vehicle. The program is not used for treatment of substance abuse or dependence disorder but rather as an intervention tool to help people understand what the social impact substance use has on one's life. By challenging common attitudes that contribute to high-risk use, it interrupts the progression of use. This program is funded by United Way of Marion County and the Marion Community Foundation.

## Rapid Re-Housing Program

This program will provide financial and case management assistance to eligible individuals and families who are either homeless or facing eviction/homelessness. The intent of the program is to provide services to such eligible households so that at the end of assistance, persons would be able to sustain housing over time and no longer be at risk of homelessness. Eligibility for services will be based on a housing assessment, income verification, and person's willingness to participate in the program. This program is funded in part by United Way of Marion County and The Marion Community Foundation.

## SOS Program

Suicide is the leading cause of death for children and youth in the United States. The Signs of Suicide Program or SOS is the only school based suicide prevention program to be SAMHSA recognized. Our goal is to raise awareness, help students recognize warning signs, utilize the help-seeking message of ACT (acknowledge, care, tell) and to identify those students that may be at risk for depression or suicide. Marion county high school and Jr. high students will be screened twice a year. This program is funded by the United Way of Marion County and the Marion Community Foundation.



# Annual Report 2010

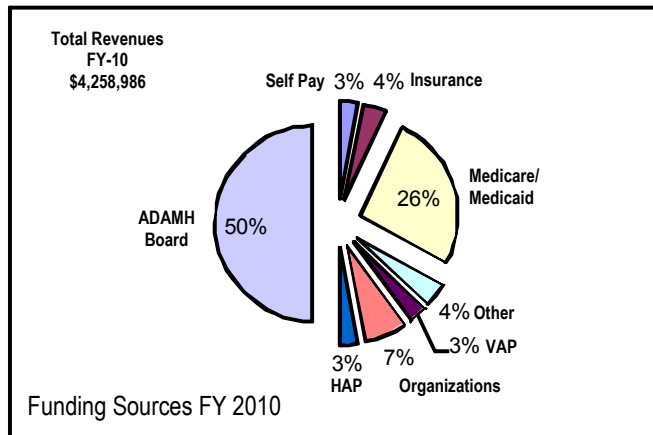
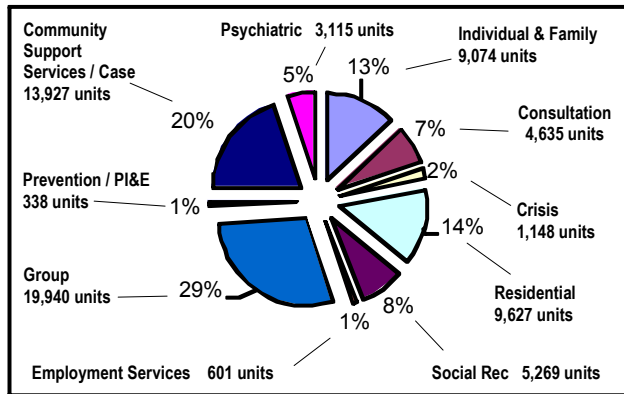
*Enriching Lives  
Enhancing The Community*

## FY 2010 Statistical Summary

### Services Provided FY 2010

61,550 hrs. of non-residential service = 1,184 hrs. per week or 237 hrs. per day

**Total Individuals Served in 2010 = 8,630**



## MACC Board

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## EMDR

EMDR stands for Eye Movement Desensitization and Reprocessing. It is an eight phase approach used primarily to process and heal traumatic memories. It has also been shown effective with anxiety, panic, phobias, and excessive grief. It can be used with adults and children. One of the phases involves “bilateral stimulation” either by eye movement, tapping on alternate sides of the body/hands, or sounds/tones alternation in each ear. This bilateral stimulation is used in conjunction with mentally attending to the disturbing memory or belief. This results in new associations between the event and more adaptive beliefs or insight about the event. It is not hypnosis or exposure therapy. The client maintains memory of the event, but the accompanying psychological distress is greatly reduced.

MACC has 8 therapists trained in EMDR and has used it successfully for the past 4-5 years. We have recently purchased electronic light bars and tactile tappers to use during eye movement processing thanks to the Marion Rotary Foundation and Mid-Ohio Energy.

## Sharen Orso - Nurse Practitioner

Introducing Sharen Orso a Psychiatric Mental Health Nurse Practitioner with a psychiatric endorsement. Sharen joins our staff with a background in psychiatric treatment that includes assessing, diagnosing and treating acutely mentally ill patients as well as psychotherapy and psychopharmacological management. Sharen obtained her Masters Of Science in nursing from the University of Cincinnati. She's a member of the National Black



Nurses Association, Inc., The American Psychiatric Nurses Association and The International Society of Addiction Nurses. Her primary focus at the Marion Area Counseling Center will be to provide psychiatric assessments and medication management.